

PSHE Progression Overview – Year 2

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic		New beginnings/ Feeling good feeling safe	Getting on and falling out (Anti Bullying)	Keeping safe (Environmental safety and drug education)	Good to be me	Exploring relationships	SRE
Subject		HW/R/Economic wellbeing	Relationships	Health and wellbeing	Health and wellbeing	Relationships	Health and wellbeing
Week 1	Can I	Can I help to construct, and agree to follow, group and class rules and to understand how these rules help them?	Can I communicate my feelings to others, to recognise how others show feelings and how to respond?	Can I describe different choices I can make about my health, including how to relax?	Can I listen to my body?	Can I explain how to be kind to others?	Can I describe my body in positive terms?
	Activity	Introduce class charter and class rules.	Anti-bullying pack	Drugs and Alcohol PPT Lesson 1	Mental health and wellbeing ppt Lesson 1	Kindness PPT	SRE PPT Lesson 1
Week 2	Can I	Can I understand that children have the right to feel safe?	Can I recognise how my behaviour affects other people?	Can I recognise that some things that go into and onto my body are good for me and some are harmful?	Can I explain and understand the importance of sleep?	Can I understand that being unkind and hurting someone doesn't make me feel better.	Can I describe the differences and similarities between most boys and girls?
	Activity	Feeling good feeling safe Lesson 1	Anti-bullying pack	Drugs and Alcohol PPT Lesson 2	Mental health and wellbeing ppt Lesson 2	Circle time- kind and unkind scenario cards.	SRE PPT Lesson 2
Week 3	Can I	Can I recognise the early warning signs and explain what they are?	Can I share my opinions on things that matter?	Can I recognise risks and hazards in my home?	Can I describe good sleeping habits?	Can I explain what makes me feel jealous?	Can I discuss the importance of friendship?
	Activity	Feeling good feeling safe Lesson 2	Anti-bullying pack	Drugs and Alcohol PPT Lesson 3	Mental health and wellbeing ppt Lesson 3	Jealousy ppt – scenario cards	SRE PPT Lesson 3

Week 4	Can I	Can I use the underwear rule to help me stay safe?	Can I recognise what is fair and unfair, kind and unkind, what is right and wrong?	Can I describe different choices I can make about my health, including how to relax?	Can I express my worries and know who to talk to?	Can I feel proud of something myself or my friends have done?	Can I discuss the importance of friendship?
	Activity	Feeling good feeling safe Lesson 3	Anti-bullying pack	Drugs and Alcohol PPT Recap	Mental health and wellbeing ppt Lesson 4	Circle time – what makes you proud? Write and draw about a time you felt proud.	SRE PPT Lesson 3 continued
Week 5	Can I	Can I recognise the difference between a secret and a surprise?	Can I show understanding that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)?	Can I explain and demonstrate good hygiene?	Can I recognise what a worry is?	<u>KS1 SATS</u> <i>Space has been left as lessons may move due to in class assemblies and current events.</i>	Can I recognise the changes we can make ourselves?
	Activity	Feeling good feeling safe Lesson 4	Anti-bullying pack	Hygiene ppt	Mental health and wellbeing ppt Lesson 4 (continued)		Circle time – transition
Week 6	Can I	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>	Can I demonstrate how to resist teasing or bullying?	Can I explain and create a good healthy diet?	Can I talk about my gifts and talents?	<u>KS1 SATS</u> <i>Space has been left as lessons may move due to in class assemblies and current events.</i>	Can I describe myself in positive terms?
	Activity			Healthy eating ppt			Circle time – transition Getting ready for change
Week 7	Can I	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>	<i>Space has been left as lessons may move due to in class assemblies and current events.</i>

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